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SUPPORTING CHARITIES AND BUSINESSES

Edition 7: December 2025/January 2026



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Merry Christmas and a Happy New Year to our readers

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## LINCOLNSHIRE ADVERTISER

COUNTY MAGAZINE

Norbury, 3 Cromer Avenue, Sutton-on-Sea,  
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# WELCOME...

## TO THE LINCOLNSHIRE ADVERTISER

### FROM THE EDITOR...

#### Great News!

We're excited to share that our magazine circulation has increased - and it's all thanks to your amazing support!

The feedback we've received has been incredibly positive, and as a result, we've now extended our distribution area to reach even more readers.

We'd love to invite charities to partner with us and feature their work in our upcoming issues. This is a fantastic opportunity to raise awareness, share stories, and connect with a wider community of readers who care.

Thank you again for your continued support in helping us grow and make a difference.

Our grateful thanks goes to all those businesses where you can pick up your copy of the magazine. These are Woollis & Sons Ltd, Butchers & Bakers of Louth, Co-op, Morrisons, Aldi, Lidl, and Tesco Stores, Spar Shops, Petrol Stations, Libraries, Post Offices, Newsagents and the Bacchus Hotel Sutton on Sea, plus Charity Shops and numerous other locations within the county.



#### Our Conditions of Acceptance

When you advertise with us, you are in control. There are no long term contracts to sign. You just tell us when you want to advertise, and for how long.

#### Payment is required every two months

All advertisements will be included in each bimonthly magazine until a cancellation request is received. Notification of cancellation should be made within twenty eight working days prior to the next publication. in writing or by email, or Whatsapp.

#### Verbal notifications are not accepted

Advertisements in the Lincolnshire Advertiser for publications constitutes an assurance that the advertisement is legal, decent, honest, truthful complying with the British Codes of Advertising and Sales Promotions.

Inclusion in the Lincolnshire Advertiser is not the endorsement of a particular product.

The magazine is community led, and is free to the public. This can only be achieved if the format of the magazine can attract a significant amount of adverts from local businesses.

The magazine is bi-monthly (February, April, June, August, October and December).

### OUR TEAM...

#### Editor/advertising enquiries:

Mrs Tina Kirkman

#### Advertising sales agent, head of distribution:

Mr K. Kirkman

#### Design and production:

Ian Lowes

#### Web experience manager:

James Mason

#### Printing company:

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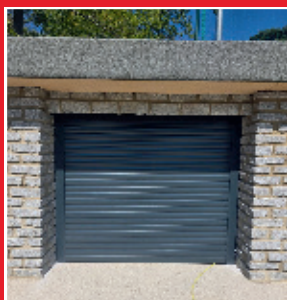


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# THE LITTLE PRINCESS TRUST

**T**HE Little Princess Trust has now been providing free, real hair wigs to children and young people for 20 years.

You might be surprised by how Thousands of young people who lost their own hair due to cancer treatment have had their confidence restored after receiving a wig from the charity. A service, recently held inside Hereford Cathedral to mark the 20th anniversary, heard how The Little Princess Trust has grown into the largest wig charity in the world.

Those present were told that Simon Tarplee and Wendy Tarplee-Morris started The Little Princess Trust in memory of their daughter Hannah, who was just five years old when her life was tragically cut short due to cancer. Simon said: "Hannah was deeply caring - her natural empathy took my breath away. After we lost her, we wanted her kindness to keep moving in the world. That wish became a promise; that promise became The Little Princess Trust."



The charity began funding childhood cancer research in 2016 and the cathedral service heard from one scientist now being funded by The Little Princess Trust who had previously received a wig.

Dr Catherine Pointer was given a wig in 2009 when her leukaemia relapsed and explained that when a child is diagnosed with cancer "every ounce of control is stripped away".

"You forget what normal feels like, and you can no longer recognise your own reflection," she said.

On explaining how her wig helped her, Dr Pointer said:

"But there are moments where you actually feel OK. Where you are well enough to go out and see friends and do normal things.

"And on those days being able to look like yourself and not be pitied or stared at make an immeasurable difference.

"It's a boost that keeps you going and reminds you of the life you're fighting for."

Visit [www.littleprincesses.org.uk](http://www.littleprincesses.org.uk) for more information on The Little Princess Trust.



Charity Name: The Little Princess Trust  
Charity Number: 1776160







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# CHRISTMAS GINGERBREAD HOUSE

**L**EARN how to make a gingerbread house with our simple biscuit recipe and design template. Kids will love getting involved with baking and decorating them.

## Ingredients

### For the gingerbread

- 250g unsalted butter
- 200g dark muscovado sugar
- 7 tbsp golden syrup
- 600g plain flour
- 2 tsp bicarbonate of soda
- 4 tsp ground ginger

### To decorate

- 200g flaked almonds
- 2 egg whites
- 500g icing sugar plus extra to dust
- 125g mini chocolate fingers
- generous selection of sweets of your choice, choose your own colour theme
- 1 mini chocolate roll or a dipped chocolate flake
- few edible silver balls

For the house design, see 'Method' below.

## Method

**1** Heat the oven to 200C/180C fan/gas 6. Melt the butter, sugar and syrup in a pan. Mix the flour, bicarbonate of soda and ground ginger into a large bowl, then stir in the butter mixture to make a stiff dough. If it won't quite come together, add a tiny splash of water.

**2** Cut out the template (download from the tips below). Put a sheet of baking paper on a work surface and roll about one quarter of the dough to the thickness of two £1 coins. Cut out one of the sections, then slide the gingerbread, still on its baking paper, onto a baking sheet. Repeat with remaining dough, re-rolling the trimmings, until you have two side walls, a front and back wall and two roof panels. Any leftover dough can be cut into Christmas trees, if you like.

**3** Pick out the most intact flaked almonds and gently poke them into the roof sections, pointy-end first, to look like roof tiles. Bake all the sections for 12 mins or until firm and just a little darker at the edges. Leave to cool for a few minutes to firm up, then trim around the templates again to give clean, sharp edges. Leave to cool completely.

**4** Put the egg whites in a large bowl, sift in the icing sugar, then stir to make a thick, smooth icing. Spoon into a piping bag with a medium nozzle. Pipe generous snakes of icing along the wall edges, one by one, to join the walls together. Use a small bowl to support the walls from the inside, then allow to dry, ideally for a few hours.

**5** Once dry, remove the supports and fix the roof panels on. The angle is steep so you may need to hold these on firmly for a few mins until the icing starts to dry. Dry completely, ideally overnight. To decorate, pipe a little icing along the length of 20 mini chocolate fingers and stick these lengthways onto the side walls of the house. Use three, upright, for the door.

**6** Using the icing, stick sweets around the door and on the front of the house. To make the icicles, start with the nozzle at a 90-degree angle to the roof and squeeze out a pea-sized blob of icing. Keeping the pressure on, pull the nozzle down and then off – the icing will pull away, leaving a pointy trail. Repeat all around the front of the house. Cut the chocolate mini roll or dipped Flake on an angle, then fix with icing to make a chimney. Pipe a little icing around the top. If you've made gingerbread trees, decorate these now, too, topping each with a silver ball, if using. Dust the roof with icing sugar for a snowy effect. Lay a winding path of sweets, and fix gingerbread trees around and about using blobs of icing.

Your gingerbread house will be edible for about a week.

**Prep:** 2 hrs  
**Cook:** 30 min.  
**Serves:** 12



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But it also gets the fundamentals just right. It glides over bumps - even smoothing out expansion joints that often catch out air suspension - suffers from very little engine, road or wind noise, and feels

very stable at high speeds. If you've got a long drive ahead of you, nothing beats the S-Class for comfort.

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### At a glance

**Body type:** Saloon

**Available fuel types:** Hybrid, Petrol, Diesel

**Battery range:** 57 - 60 miles

**Acceleration (0-60 mph):** 4.5 - 5.9 s

**Number of seats:** 4 - 5

**Boot space, seats up:** 325 - 550 litres - 2 suitcases

**Exterior dimensions:** 5,469 mm x  
1,954 mm x 1,510 mm

**CO<sub>2</sub> emissions:** 58 - 307 g/km

**Consumption:** 2.4 - 2.8 miles / kWh

**Fuel economy:** 20.9 - 403.6 mpg

**Insurance group:** 50E



## Louth and District Branch

We offer information, friendship and support to local people with Parkinson's, their families and carers.

We also organise regular events and social activities.

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# FESTIVE GARDEN DESIGN IDEAS

## **H**OW will you decorate your garden for Christmas this year? Here are our festive garden design ideas

Decorating your garden is all about letting your personality shine through. Whether you go for classic elegance, shabby chic or full blown kitsch.

- Play with existing lighting to create beautiful shapes and shadows
- Use filters to change lighting colours
- Add temporary lights to highlight individual features
- Create a winter wonderland with twinkly lights
- Use symmetry for the ultimate in classic elegance
- Plant decorative pots
- Use ornaments for extra colour
- Flower arranging is not just for indoors – decorate seating areas with evergreen foliage, berries and faux flowers
- Plant and decorate an outdoor Christmas tree

## Festive garden lights

If you're having lighting installed, find out where the light falls and play with it a little. Add some accessories and play with shapes and shadows, add filters to change the colour and put them on an energy-saving timer.

String lights are great fun. Use them to highlight specific features in your garden....a tree, a pergola, the summer house, a pathway – even the washing line!

Candlelight is very evocative of Christmas. Doing something as simple as putting tealights into recycled jam jars can create wonderful effects and use them to pick out a pathway or suspend them from trees.

## Colours for the garden

When it comes to Christmas, a cacophony of rainbow hues can be thoroughly uplifting on a murky day. The classic Christmas colours are of course deep green and red with either silver or gold. But why not go with fuchsia pink? purple, teal, white or even orange?

## Give your garden design a theme

It's great to have a theme to bring everything together. That way you avoid creating a muddy mishmash.

This is where your personality can really shine through. Maybe your theme will be 'woodland' with illuminated trees and evocative creatures such as deer or rabbits. You might choose a North Pole theme with penguins, igloos and the Man himself. Disney is another theme we've seen executed really well ....it's all about what you love.

## Christmassy pots and planters

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Pop a planted pot either side of a garden bench to encourage yourself to go outside and sit a while. True, you'll need a coat and a mug of something hot to wrap your hands around. But the wellbeing benefits will make it all worth it.





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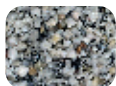
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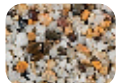
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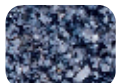
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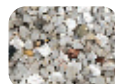
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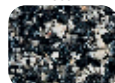
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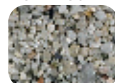
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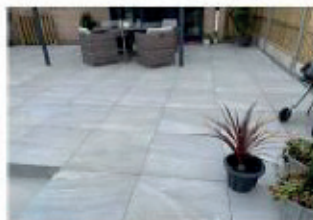


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**A small boy in a thick down jacket and red bobble hat stood entranced before a Christmas shop window display. He touched the window with his mittened hands, nose pressed to the glass.**

He watched, entranced, as a parade of snowmen trundled down a snow covered mountain. They wore skis and scarves and towed a sleigh filled with toys. He gazed longingly at a shining black remote controlled car nestled in the sleigh amongst the cuddly toys, train sets and dolls.

"Three floors of the best toys money can buy" said his friend in an awed tone.

"Are you allowed to play with anything?" The older boy smiled. "One or two things. Dad reckons they allow it so the kids fall in love with the toys and their parents have to buy them".

If the exterior of the shop had been exciting it was nothing compared to the interior. Over-head flew model planes, kites and reindeer. The broad staircase was bedecked with bows and swags and golden lights dripped from every inch of the ceiling. The great halls of the toy store rang to the sounds of Christmas music, robots, trains, talking dolls, cars, computer games, and, above all else, the ringing of the tills.

The older boy inhaled deeply and smiled. "You know what that is?"

The small boy looked up, frowning. "What?"

"That smell is the smell of money".

Suddenly a bell rang out and a large man dressed as a town crier appeared on the ground floor, calling out in a deafeningly loud

voice, "Oh yay! Oh yay! Hear ye, hear ye! On this day, the twenty-first day of December, in this the Olde Toye Shoppe of Tinbly Town, it hath occurred that the one millionth customer hath walked through these doors. The owner of the Olde Toye Shoppe of Tinbly Town hath decreed that this customer shall be granted a sixty second spree of the store and that any items they pick up within that time shall be theirs to keep!"

There was a chorus of cheers and 'oohs' from the shoppers. The two boys stared at each other, wide eyed, hardly daring to hope.

"You don't suppose ..." said the smaller boy.

"Nah. It won't be the likes of us, will it?" The bell rang out again and all attention returned to the crier.

"It hath been determined, by means of a clever computer monitoring system, that the one millionth customer walked through these doors just moments ago".

The boys looked slowly at each other. "We just walked through the doors!" said the small boy, hardly able to contain himself. "Along with about a dozen other people", said the older boy, feeling it was his responsibility to keep a level head.

"Hear ye! The computerised system hath issued a photograph of the one millionth person to the owner of the Olde Toye Shoppe of Tinbly Town. His staff are now searching for the lucky winner of the sixty second shopping spree. I ask that you all remain still for the next few seconds while they locate the lucky winner".

The crowd fell silent and every person present tried to catch the eye of the searching staff. The two boys stood close together, barely breathing, watching as the members of staff slowly made their way through the crowds towards them.

"They're coming this way", whispered the small boy.

The older boy rested a hand on his shoulder. "Calm down, little bro. It won't be us."

But as he watched the members of staff appeared to look their way, consult a picture, then head towards them purposefully. The boys froze in place. And then ...

The shop workers walked past the boys and bent down before a little girl just behind them. They studied her face while her hopeful parents stood beside her.

Then one of the members of staff took her hand and called out



to the shop in general.

"We've found her! Hear ye! Hear ye! We have found our lucky winner!" bellowed the crier, quite terrifying the little girl.

The small boy blinked back tears and looked down at the remote controlled car sadly. "I thought for a minute ..."

The older boy patted him on the back. "I know. Never mind, eh. It was a nice dream."

The little girl's mother knelt beside her and they whispered to each other, nodding their heads excitedly. Then the crier rang his bell again. The little girl looked up

# SON A Christmas story by Kay Lawrence



at her mother, who winked back conspiratorially.

"Hear ye! Our one millionth customer is one Miss Allie Grisham. Her sixty second shopping spree will begin ... Now!"

The little girl giggled and raced off to the display of dolls, grabbing a life-size doll with curly blonde hair and an assortment of outfits. The attentive staff quickly relieved her of them. The girl then raced to the book stall and snatched a selection, practically throwing them at the staff as she warmed to the game.

Then she sprinted up the stairs and



made a beeline for the large doll's house in the corner.

She looked back at her mother, her eyebrows raised. Her mother gave a barely perceptible shake of her head and flicked her eyes at a slightly smaller, but more elaborate one. Two sisters standing beside it watched sadly as it was carried away by the staff.

The bell rang out downstairs. "Thirty seconds gone!" called the crier.

The little girl sped up, wriggling through the shoppers to emerge with armfuls of dressing-up clothes,

board games and a train set. She rushed towards the remote controlled cars and snatched up the very car the small boy had been admiring. By now the following staff were clutching armfuls of toys, struggling to keep up with the girl.

The small boy watched the car disappear and sighed. The older boy smiled understandingly. "Come on, little bro. Let's go and get some roast chestnuts from Bill. He'll let us have a bag cheap".

Bill saw them coming and started filling a paper bag with hot chestnuts. He handed it to the older boy as they walked up.

"There y'are lads. Warm yourselves up with these. No, put your money away, son. Business has been good today".

"Thanks Bill. That's right good of you".

Bill pointed back down at the toy shop. "Hear there's been some excitement down there".

The small boy looked back sadly. "The one millionth customer won a shopping spree. It wasn't us though".

The older boy nudged him, holding the bag open. "Never mind that. Have a chestnut".

The small boy pulled one from the bag, biting it open and smiling shyly at Bill. "Thanks Bill. I'd rather have chestnuts anyway".

Bill laughed heartily and batted the bobble on his hat. "That's the spirit, lad".

He watched as the boys walked away, sharing the nuts and speculating on what they would have picked had they won. For the next few minutes he was kept busy. Business was, indeed, brisk today.

"I say! Excuse me?" Bill looked up in surprise as a well dressed man waved to get his attention. "Sorry to barge in, but you haven't seen two

young lads have you?

One wearing a red bobble hat?"

Bill rocked back on his heels and regarded the man carefully. "Possibly. Who wants to know?"

The man smiled awkwardly. "My daughter, actually", he said, putting an arm around a small girl's shoulders. She was clutching a large bag to her chest and looking around anxiously. "She has a gift for them."

Bill looked down at her, deciding she represented no trouble for his young friends. "They went that way, towards the park".

"Much obliged, sir. Merry Christmas to you!" said the man, as he and his daughter hurried away towards the park.

"That's the lass who won the spree", said a woman from the end of the queue. "She won a whole load of toys. And do you know? She gave every one away! Every last one! There were some happy kids in that shop, let me tell you!"

Bill stared at the woman, then gazed after the little girl as she and her father trotted through the gates to the park. "What's she got in the bag then?"

"That was the last bag packed. It was a computer game and a remote controlled car. She was so upset when she couldn't find those two boys. She and her mum had seen the little one playing with the car. She was desperate for him to have it."

The waiting customers all began talking at once, inspired by such an extraordinary display of generosity.

Bill looked down at his money bag, swollen from the day's takings, and grinned. For the rest of that day, his customers found themselves walking away from his stall with an extra large bag of chestnuts, free of charge, compliments of the season!



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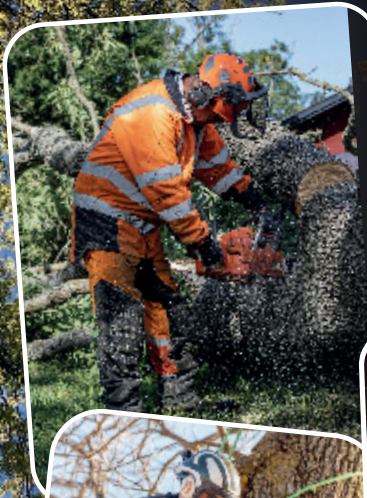
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Answers on Page 39



# SUDOKU

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Since launching we have successfully provided a much-needed local response, stepping in where needed to re-home cats and kittens, to help owners with neutering costs, helping to look after strays and feeding and neutering our feral cats.

Our first six months have been solid foundations laid, on which we continue to build our strong

network of cat-protectors and care-givers.

We want to say a sincere "Thank you!" to everyone who stepped forward to help set up our branch and to all those who continue to work with us.

Your generosity and time have made a real difference. The money raised is put to great use providing urgent care, food and vet costs for cats and kittens in crisis.

A special thank you goes to:-

- **Our Feline Fosterers and Adopters:** We could not have done it without you!
- **All our Volunteers** who dedicated their time and effort.
- **Our Fundraising Team** and everyone who donated the wonderful prizes for our raffles and Quiz Night.
- **Attendees and Organisers** who

helped by running, manning and attending our events, including the Table Top Sale and Craft Fairs.

"Thank you!" to our feline fosterers and adopters - we couldn't have done it without you. More fosterers are urgently needed, so please get in touch if you'd like to find out more and, of course, if you'd like to offer a permanent home to an unwanted or stray cat or kitten we'd love to hear from you.

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# FESTIVE HANGOVER 'CURES'... DO THEY WORK?

**T**HE festive season is upon us once more, and for some it's the time of year for over-indulgence in alcohol. It's little wonder, then, that people the world over have sought remedies to mitigate the dreaded hangover.

Here we put some of the better known myths to scientific scrutiny.

## Does lining your stomach work?

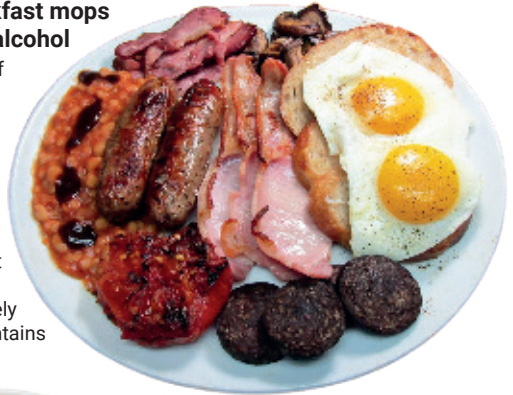
There is a widely held belief that a glass of milk before a heavy session can help to lessen the effects of alcohol by 'lining your stomach'.

Some Mediterranean countries prefer to line their stomach with a spoon of olive oil. But, biologically speaking, there is no such thing as "lining your stomach". If there is any effect, it is through slowing your stomach emptying.

Around 20% of alcohol is absorbed in the stomach and the rest is absorbed in the intestine. So any food containing fat, protein or, to some extent, carbohydrate that delays your stomach emptying could have a very modest effect on slowing down the absorption of alcohol.

## A hearty breakfast mops up remaining alcohol

A recent survey of 2,000 found that a fried breakfast is the preferred remedy for Brits battling the aftermath of a heavy night. It also reported that 26% of popular hangover cures rely on a dish that contains egg.



## Coffee sobers you up

A study that looked at the effects of caffeinated versus non-caffeinated alcoholic drinks on a simulated driving task, found that caffeine did little to mitigate the effects of alcohol on driving ability or reaction time. Other studies have found that caffeine can increase alertness but not improve feelings of dizziness or restore memory.

Mixing caffeine and alcohol also increases your risk of injury on a night out, so they're not a good combo.

## Water before bed clears your head

There may be a grain of truth in this one. While drinking water will do nothing for the headache, it could help to reduce the dehydrating effects and the dreaded dry mouth.

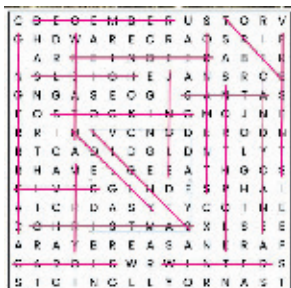
## Grape and grain - never the twain?

There is a long-held belief that mixing drinks makes hangovers worse. It's a myth. Mixing drinks simply increases the risk of drinking more alcohol. There is nothing in the chemistry of the alcohol in, say, wine and beer, that is different.

A study involving rats suggests there could be some support for this idea. Eggs are high in a substance called cysteine. When rats were fed lethal amounts of acetaldehyde - a toxin your body produces when it breaks down alcohol - those that were also given cysteine were much more likely to survive the toxic assault than the controls. But, of course, humans are not rats - well, most of them aren't.



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1	7	8	5	6	2	3	4	9
3	2	7	1	8	4	9	6	5
9	8	6	7	2	5	1	3	4
4	5	1	3	9	6	2	7	8
5	1	2	6	7	9	4	8	3
7	6	9	4	3	8	5	2	1
8	4	3	2	5	1	7	9	6



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# YOUR HOROSCOPES



## **ARIES** (March 21 - April 19)

This isn't only a period of Christmas holidays, but it is also a time of stress. You will be nervous about Christmas shopping, but mostly about meeting the relatives, with which you have nothing to talk about. You definitely shouldn't avoid them, quite the contrary.



## **TAURUS** (April 20 - May 20)

Taureans will be carried away by the Christmas mood, and put all worries behind them. You will meet old friends you have not seen for ages, and you will enjoy parties together... but your body will get exhausted easily, so be careful and consider whether it is worth it.



## **GEMINI** (May 21 - June 20)

You will be engulfed by the desire for a warm hug that will fill you with love, and nothing else will matter at that moment. During this period, you will also be able to spread joy to everyone around you, so everyone will be happy to see you and want to spend time with you.



## **CANCER** (June 21 - July 22)

As a very sensitive person, you will be able to recognise how people around you feel so you can help them, or you can easily assess what you can say in front of them and how. At the same time, this skill brings a lot of creativity to life.



## **LEO** (July 23 - August 22)

You can put all your work behind you, as you have no rest left and you can focus on Christmas shopping and preparing for the holidays. After a long time, you will see your family, so pay attention to them and listen to them, they will be grateful for that.



## **VIRGO** (August 23 - September 22)

You will be uneasy about strangers' presence at family celebrations, leading to quarrels with other relatives. If you plan to go to a big meeting, maybe it would be better to find an excuse and privately visit the family. Virgos should choose to relax in the comfort of home during the holidays.



## **LIBRA** (September 23 - October 22)

Librans will be hearty and hospitable. You will enjoy the fact that you can make someone happy, so you will thrive on shopping for Christmas presents and preparing for the holidays. You will also get a taste for romance, which your partner has been waiting for for a long time.



## **SCORPIO** (October 23 - November 21)

Christmas is the best time for strengthening relationships with your family, so do not let this opportunity pass. Calm your restless mind and focus on your inner peace. This will be good for you and also for people around you as you will be carried away by the atmosphere.



## **SAGITTARIUS** (November 22 - December 21)

Although you will be happy to help with the preparations, family reunions will simply not be your cup of tea. Under the influence of Mars, you can quickly get upset because of the teasing by your relatives. You will feel much pressure to meet the expectations of older family members.



## **CAPRICORN** (December 22 - January 19)

Capricorns will be absorbed by a Christmas mood and will want to meet up with the whole family and their friends. You will feel happy and fulfilled when surrounded by people and want to give a lot to others. You will also feel your parental instincts, so spend quality time with your children.



## **AQUARIUS** (January 20 - February 18)

Bigger family meetups will be more or less a duty to you, but you will really enjoy a time with your closest ones, and you will think back to some shared moments from the past. Also, do not attend too many meetings with your friends because you will have tendencies to get involved in conflicts.



## **PISCES** (February 19 - March 20)

Winter holidays will be an excellent opportunity for Pisces to make plans for the next year. Try to imagine where you would like to see yourself in one year and think carefully about how to achieve it. Such planning can be difficult, but thanks to Mercury, it will be easier.



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