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COUNTY MAGAZINE

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The magazine is bi-monthly, and is distributed at the beginning of (February, April, June, August, October and December).



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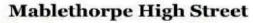
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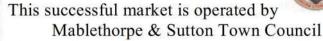
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Y August, much of the early summer colour in the garden is beginning to fade. But if you want to continue your outdoor lifestyle for as long as possible, there's no reason that you can't have blooms long into autumn.

If you want to extend the feel-good flowering season for another few months, here are some of our favourite plants to brighten up the back end of summer.

Crocosmia

From late spring, the upright, strap-like foliage of crocosmia (main pic, above) adds height and structure to your gardenlong before the gorgeous flowers appear! Then in late summer, its arching stems are tipped with sprays of trumpet-shaped flowers in the brightest shade of yellow, orange and red.

Clerodendron

This is rarely seen in UK gardens but is well worth a go! Clerodendron bungei 'Pink Diamond' is a particularly attractive choice with cream and olivegreen variegated foliage that turns fiery red in autumn. Large heads of perfumed flowers appear from late summer, often continuing into October.

Japanese anemone

Anemone hupehensis and A. x hybrida have long been associated with traditional Japanese gardens, hence their common name of Japanese Anemone. We've always found them to be utterly reliable. The elegant

cupped-shaped blooms rise above rounded clumps of handsome foliage, forming large drifts in borders.

Hydrangea paniculata

Hydrangea paniculata is exquisitely refined, with conical-shaped flower heads in late summer. Vibrant autumn foliage extends its season well into October. making this a real showstopper, particularly in cold, north-facing spots. Hydrangea paniculata 'Vanille Fraise' is a popular cultivar with pink flushed blooms.

Lobelia cardinalis

Late summer colour needn't be confined to sunny perennial borders - the scarlet blooms of Lobelia cardinalis brighten up pond margins and moist, boggy areas from August to October. Lobelia cardinalis has contrasting purple-tinted foliage which makes a majestic and exotic-looking focal point.

Carvopteris

The compact, rounded habit of Caryopteris (right) makes it useful for the middle of mixed borders, where it works nicely with grasses and lowgrowing perennials. The glorious blue flowers are a good source of nectar and attract plenty of pollinating insects.



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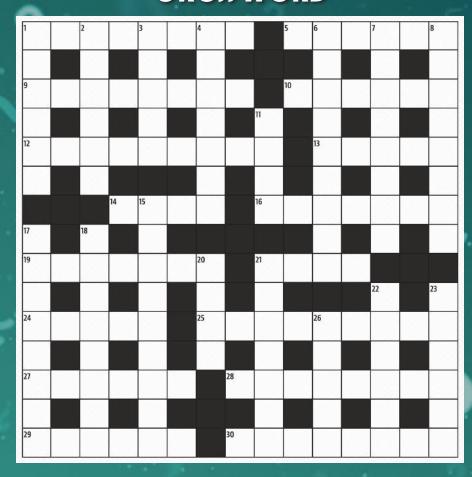
QUICK QUIZ

- 1 Which is the largest ocean the Pacific or the Atlantic?
- 2 Which pop star was born in Gary, Indiana on August 29th, 1958?
- 3 Which TV character was first portrayed by William Hartnell in 1963 and more recently by Peter Capaldi (pictured)?
- 4 Who is the Roman goddess of love?
- 5 Kurt Cobain was the lead vocalist with which American band?

- 6 Wolfgang Amadeus are the first names of which Austrian composer?
- 7 The logo for Chang Beer features two of which animal?
- 8 Brian Lara played cricket for which national side?
- 9 Which singer had a 2011 hit with 'Born This Way'?
- 10 Russell Crowe plays Inspector Javert in which 2012 film?



CROJJWORD



ACROSS

- Gypsy dance
- Has life
- Lashing
- 10 Dessert, ... split
- 12 Always (5,4)
- 13 Theme
- Floor cleaners
- 16 Slimmers
- 19 Thumped
- 21 Corn ear covering
- 24 Possessor

- 25 Crossword setters
- **27** Pay a short visit (4,2)
- 28 More nauseous
- 29 Copenhagen language
- **30** Fireproof material

DOWN

- 1 Bowed and scraped
- 2 Cropped up
- 3 Drain (glass)
- 4 Sweets
- **6** December conifers (4,5)

- 7 Crabbier
- 8 Least abundant
- 11 Ouarrel
- 15 Hospital workers
- 17 Ambled
- **18** Reject (4,4)
- 20 Ship's platform
- 21 Panders to
- 22 Male chauvinist
- 23 Seizes (power)
- 26 Senseless

Jennifer Jaunders

ENNIFER JANE SAUNDERS was born on July 6, 1958 in Sleaford. Her mother, Barbara Jane (née Duminy), was a biology teacher, and her father, Robert Thomas Saunders, served as a pilot in the RAF.

Six months after her birth, Saunders' parents moved to Cyprus. Her family moved to Camberley, and then to Melksham when she was ten. She has three brothers: Tim, Peter, and Simon. She was educated from the age of five to 18 in boarding schools and then at St Paul's Girls' School, an independent school in west London.

In 1977, she gained a place at the Central School of Speech and Drama in London on a drama teachers' course, where she met her future comedy partner, Dawn French. French and Saunders came from RAF backgrounds, and had grown up on the same base - even having had the same best friend - without ever

French and Saunders would eventually come to public attention as members of the informal comedy collective 'The Comic Strip'. The comedy group appeared on Channel 4's first night on air, in the first episode of 'The Comic Strip Presents: Five Go Mad In Dorset', broadcast on November 2, 1982

In 1985. Saunders starred in and co-wrote 'Girls on Top' with French, Tracey Ullman, and Ruby Wax, and in 1987, she and French created 'French and Saunders', a popular sketch comedy series for the BBC which aired until 2007.

With Joanna Lumley in 'Absolutely Fabulous'.



Saunders' biggest solo success has been 'Absolutely Fabulous', which was based largely on a 14-minute French & Saunders sketch called 'Modern Mother and Daughter'.

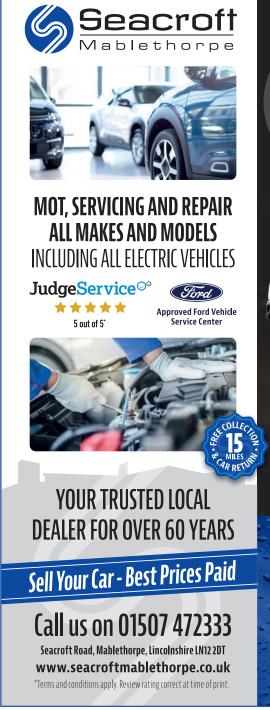
The series, which she wrote and starred in as the irresponsible fashion PR agent Edina Monsoon alongside Joanna Lumley, who played Patsy Stone, brought her international acclaim and attention.

She has also appeared on the American sitcoms 'Roseanne', playing Edina Monsoon in the episode 'Satan, Darling', and 'Friends' as Andrea Waltham, the step-mother of Emily, Ross Geller's fiancée.

Saunders has also appeared in several films, such as 'In the Bleak Midwinter' (1995), 'Fanny & Elvis' (1999), and also made cameo appearances in the Spice Girls' film 'Spice World' (1997).

In July this year, she starred with Andrew Scott and Megan Stalter in Lena Durham's new Netflix series 'Too Much', which she describes as a "rom-com for the disillusioned".







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HERE are miles of beautiful coastline to explore in Lincolnshire.

Whether you want a family stroll along a sandy shore, or a longer hike along Lincolnshire's coastal path, you'll enjoy breathtaking scenery, fresh sea air and the chance to get close to nature. Take a look at some of our favourites below.

Chapel Point

Chapel Point has miles of sandy beach to stroll along. It's an ideal spot for getting some fresh sea air, and for dog walkers. It's also home to the North Sea Observatory, which provides great views, as well as a cafe to enjoy a drink after your walk. If you want a longer walk, you can take a circular route from Chapel Point to Anderby Creek.

Gibraltar Point Nature Reserve

Looked after by the Lincolnshire Wildlife Trust, Gibraltar Point is perfect for nature lovers with a diversity of birds and wildlife to spot.

The unspoilt coastline also offer a impressive views and is a tranquil place to walk and unwind

The nature reserve runs from the edge of Skegness to The Wash. Most paths around the reserve are accessible for wheelchairs, pushchairs and mobility scooters.

Anderby Creek

Walk along a peaceful long stretch of sand framed by sand dunes, and enjoy the fresh air and beautiful views. Look out for the Cloud bar, an official cloud spotting area recognised by the cloud appreciation society.

There are coastal walks starting from Anderby Creek

Car Park

Anderby Creek to March Yard and Huttoft Car Terrace

This circular walk through Lincolnshire's Coastal Country Park, takes in wildlife areas, beach and the Cloud Bar. Part of the walk uses the England Coast path (see below). There is a shorter route to Marsh Yard (3.5 km) and a longer route to Huttoft Car Terrace (5.5 km).

Anderby Creek to Wolla Bank

This 2.5 km circular walk through Lincolnshire's Coastal Country Park, takes in farmland, nature reserves and beach.

England Coastal Path - Skegness to Mablethorpe

For those wanting to stretch their legs on a longer hike this 26 km (16 miles) irst stretch of the King Charles III England Coast Path - completed in Lincolnshire - runs between the two traditional seaside resorts of Skegness and Mablethorpe. This section of path sits mostly along the sea defences, with the occasional section on the beach.

For more details, visit: www.letsmovelincolnshire.com

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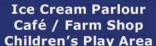
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YOUR HOROSOPES



ARICS (March 21 - April 19)

Aries people will have a strong desire to travel and meet new people. Due to unfinished work, you will feel light fatigue and demotivation. However, don't let stress control you and go for a drink with friends who will help you clear your head and cheer you up.



TAURUJ (April 20 - May 20)

Old blocks that you have been carrying for a long time will start to surface and may even cause mental problems associated with depression. Don't be devastated by it and, on the contrary, try to take it as a great opportunity for change, especially in your personal and love life.



GEMINI (May 21 - June 20)

Your ability and desire to learn new things will bring you a lot of success at work, so do not be afraid to ask about a salary increase. This period directly encourages you to plan an exotic holiday, where you will have time to study foreign languages and learn about a new culture.



CANCER (June 21 - July 22)

This will be a rtime of of love for Cancer. During this period, you will feel very confident and attractive, which will work as an aphrodisiac for others. You have a unique opportunity, so do not be afraid to be demanding and use this opportunity to establish new relationships.



LEO (July 23 - August 22)

In this period, Leos will be under the powerful influence of Mars. This connection will mean unpredictability and nervousness for them. You will have trouble withstand the negativity from others and stay calm. Prepare for frequent guarrels.



VIRGO (August 23 - September 22)

Virgos will be swallowed up by demotivation and nervousness. It will mainly affect your work performance, which you will reduce to the bare minimum. You will be very uneasy about the presence of strangers, and, in addition, you will often make mistakes.



LIBRA (September 23 - October 22)

Librans will begin to doubt themselves, and this will be reflected in their performance. They will need to be praised and reassured that you are doing well, which will get them bored after a while, though. They will also start to face anxieties that can cause problems at work.



SCORPIO (October 23 - November 21)

This period will bring out some strong emotions in Scorpios. All the emotional experiences will be doubled in strength, so avoid the situations that could be emotionally demanding and instead focus on things that bring you joy. You will be very open to spiritual things.



SAGITTARIUS (November 22 - December 21)

This will be a time when Sagittarians will let their past go and start a new phase of life when they focus only on a present moment. You will meet someone who will show you the way which you will later decide to follow.



CAPRICORN (December 22 - January 19)

This period will bring a lot of tenderness and feelings to Capricorns. You will have lots of opportunities to meet your soulmate and partner. You will have professional flirting skills, and even the people you would never expect to be attracted to you will be literally amazed by you.



AQUARIUS (January 20 - February 18)

Aquarians will enjoy parties, and they will be very entertaining. Your spontaneity will not let you plan anything in advance, and you will enjoy these events even more as a result. You will be restless, you will seek attention, and you will experience a lot.



PISCES (February 19 - March 20)

There will be a lot of changes in the lives of Pisceans. Those changes can be for the better or worse as well. Nevertheless, it is only up to you how you will approach those situations. Nothing will be a problem for you - do exactly what you will feel like at any given moment.



Thank you again for putting our rescue on the front cover, the fabulous write up and for increasing the numbers of visitors to



A BIG 'THANK YOU' FROM Hensell Goat Rescue

We were delighted to see Hensell Goat Rescue share a heartfelt 'thank you' on Facebook after being featured on the front cover of our June/July edition.

Since then, they've experienced an influx of visitors - proof of the real community impact the Lincolnshire Advertiser Magazine can have.

If you're a local charity or community organisation and would like to be featured in a future edition, we'd love to hear from you. Your story could inspire others and reach a wider audience of potential supporters.



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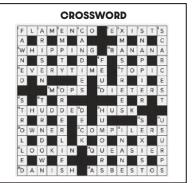
PUZZLE PAGE ANSWERS

QUICK QUIZ

- 1 The Pacific
- 2 Michael Jackson
- 3 Doctor Who
- 4 Venus
- 5 Nirvana
- **6** Mozart
- **7** Elephant
- 8 West Indies
- 9 Lady Gaga
- **10** Les Miserables

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PEPPER AND TOMATO PASTA FRITTATA

HIS veggie frittata is an easy and healthy dinner idea that comes together quickly. We've added in broken lasagne sheets for extra texture, but you could switch this out for sliced potatoes, if you like. Serve with a crunchy salad and mayonnaise.

Ingredients

- 200g lasagne sheets, broken into pieces
- 1½ tbsp rapeseed oil
- 1 red onion, roughly chopped
- 250g frozen sliced mixed peppers
- 125g cherry tomatoes, halved
- 150g baby spinach
- 1 large garlic clove, finely chopped
- 6-pack eggs, beaten
- 250g pack sweet & crunchy salad
- ⅓ cucumber, sliced

Method

- **1** Preheat the oven to gas 4, 180°C, fan 160°C. Bring a large pan of water to the boil and cook the pasta for 8-10 mins, then drain and set aside.
- **2** Meanwhile, heat half the oil in an ovenproof frying pan (20cm across the base) over a medium-high heat and fry the onion and peppers for 5-6 mins until golden. Add the tomatoes, spinach and garlic; cook for another 1-2 mins until the spinach has wilted. Season.
- **3** Reduce the heat to low/medium and tip in the remaining oil and cooked pasta; pour over the beaten eggs, tilting the pan to distribute evenly. Cook for 2-3 mins, then transfer to the oven for 15-20 mins until golden and set. Turn out onto a board, slice into wedges and serve with the crunchy salad and cucumber.

Cook: 35 min. Serves: 4 Calories: 421/serving



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